10:07:25 From Joseph Zamboni to Everyone : Hello everyone! My name is Joe Zamboni, and I work at the Department of Health and Human Services (DHHS), Office of Aging and Disability Services (OADS) with James. If you have follow-up questions or comments, or have an idea about a group you would like us to speak with regarding our Age-Friendly work, please reach out! My contact is joseph.zamboni@maine.gov or check out OADS on our website: <u>https://www.maine.gov/dhhs/oads</u>

10:08:52 From Joseph Zamboni to Everyone : In 2019, Maine was designated as an Age-Friendly State, joining many cities and communities across the globe who are committed to becoming more inclusive of people of all ages. Maine is very proud to now be part of the AARP Network of Age-Friendly States and Communities and the World Health Organization's Global Network for Age-Friendly Cities and Communities. See AARPs Network here: <u>https://www.aarp.org/livable-communities/network-age-friendly-communities/</u>

10:10:22 From Joseph Zamboni to Everyone : Joining this network was just the first step in a multi-year process. Age-Friendly states and communities are encouraged to plan and implement strategies that best fit the assets and opportunities of their state and community, as well as embrace and assess multiple domains of livability. Read about our designation here:

https://states.aarp.org/maine/governor-mills-aarp-maine-announce-maines-designation-as-an-agefriendly-state

10:12:18 From Joseph Zamboni to Everyone : Want to view the whole plan? See it here in PDF: https://www.maine.gov/dhhs/sites/maine.gov/dhhs/files/inline-files/Age-Friendly-State-Plan.pdf

10:15:51 From Joseph Zamboni to Everyone : A growing number of cities and communities worldwide are striving to better meet the needs of their older residents. The WHO Global Network for Age-friendly Cities and Communities (the Network) was established to foster the exchange of experience and mutual learning between cities and communities worldwide. Read more at https://www.who.int/ageing/projects/age friendly cities network/en/

10:19:08 From Joseph Zamboni to Everyone : AARP has a great website on the 8 Domains of Livability framework! This is used by many of the towns, cities, counties and states enrolled in the AARP Network of Age-Friendly States and Communities to organize and prioritize their work to become more livable for both older residents and people of all ages. <u>https://www.aarp.org/livable-communities/network-age-friendly-communities/info-2016/8-domains-of-livability-introduction.html</u>

10:30:11 From Joseph Zamboni to Everyone : The AARP Network of Age-Friendly States and Communities serves as a catalyst to educate local leaders (both elected officials and engaged residents) and encourage them to implement the types of changes that make communities more livable for people of all ages, especially older adults.

10:31:37 From Joseph Zamboni to Everyone : Want more information on your town or city joining the network? AARP has a great website that describes how to get started! <u>https://www.aarp.org/livable-communities/network-age-friendly-communities/info-2014/an-introduction.html</u>

10:33:45 From Patricia Pinto to Everyone : Any help or questions you might like to find out how AARP might help you - My name is Pat Pinto and I am the AARP Maine Volunteer State President. e-mail is ppinto@aarp.org

10:34:54 From Joseph Zamboni to Everyone : Thank you AARP Maine for partnering with us! And thank you to Public Allies for supporting the work! Do you have questions about Maine's Age-Friendly initiative? Want to talk to us further about the Age-Friendly State Plan? Please contact us at OADS@Maine.gov or reach out to Joe Zamboni at joseph.zamboni@maine.gov!

10:35:21 From Joseph Zamboni to Everyone : Want to know more about Public Allies? Visit them here: https://publicallies.org/

10:45:23 From Joseph Zamboni to Everyone : Thank you everyone for attending! And thank you to the future-watchers! Please reach out!